

Great Advent Antiphons

16 (or 17)-24
December

In monastic use, these Antiphons were sung in the Office of Vespers before and after the Magnificat during the latter days of Advent, and are still used in some parishes at Evening Prayer. Two columns are given below, one for English use and one for Roman use, both of which appear in some Anglican service books.

Part 1. English Rite I

16 December

English use

Antiphon

O Sapientia

Cf. Ecclesiasticus
1:1,3,4

O Wisdom, which camest out of the mouth of the Most High, and reachest from one end to the other, mightily and sweetly ordering all things: Come and teach us the way of prudence.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 17 Decembris

Roman use

There is no Antiphon for this day in Roman use.

17 December

English use

Antiphon

O Adonai

Cf. Exodus 3:2;
19:6; 14:21

O Adonai, and Leader of the house of Israel, who appearedst in the bush to Moses in a flame of fire, and gavest him the law on Sinai: Come and redeem us with an outstretched arm.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 18 Decembris

Roman use

Antiphon

O Sapientia

Cf. Ecclesiasticus
1:1,3,4

O Wisdom, which camest out of the mouth of the Most High, and reachest from one end to the other, mightily and sweetly ordering all things: Come and teach us the way of prudence.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 17 Decembris

18 December

English use

Antiphon

O Radix Jesse

Cf. Isaiah 11:10

O Root of Jesse, from thee shall come a Branch, and shall grow up as a green olive tree, and shall bear fruit in the days of the Lord's coming.

O Root of Jesse, which standest for an ensign of the people, at whom kings shall shut their mouths, unto whom the Gentiles shall seek: Come and deliver us, and tarry not.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 19 Decembris

O Adonai, and Leader of the house of Israel, who appearedst in the bush to Moses in a flame of fire, and gavest him the law on Sinai: Come and redeem us with an outstretched arm.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 18 Decembris

19 December

English use

Antiphon

O Clavis
David

Cf. Isaiah 22:22

O Key of David, and Sceptre of the house of Israel; that openest and no man shutteth, and shuttest, and no man openeth: Come and bring the prisoners out of the prison-house, them that sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 20 Decembris

Roman use

Antiphon

O Radix Jesse

Cf. Isaiah 11:10

O Root of Jesse, which standest for an ensign of the people, at whom kings shall shut their mouths, unto whom the Gentiles shall seek: Come and deliver us, and tarry not.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 19 Decembris

20 December

English use

Antiphon

O Oriens

Cf. Malachi 4:12

O Day-spring, Brightness of the Light everlasting, and Sun of righteousness: Come and enlighten them that sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 21 Decembris

Roman use

Antiphon

O Clavis
David

Cf. Isaiah 22:22

O Key of David, and Sceptre of the house of Israel; that openest and no man shutteth, and shuttest, and no man openeth: Come and bring the prisoners out of the prison-house, them that sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 20 Decembris

21 December

English use

Antiphon

O Rex
gentium

Cf. Haggai 2:7

O King of nations, and their Desire;
the cornerstone, who makest both
one: Come and save mankind, whom
thou formedst of clay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 22 Decembris

Roman use

Antiphon

O Oriens

Cf. Malachi 4:12

O Day-spring, Brightness of the Light
everlasting, and Sun of righteousness:
Come and enlighten them that sit in
darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 21 Decembris

22 December

English use

Antiphon

O Emmanuel

Cf. Isaiah 8:8; 33:22

O Emmanuel, our King and Lawgiver,
the Desire of all nations and their
Salvation: Come and save us, O Lord
our God.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 23 Decembris

Roman use

Antiphon

O Rex
gentium

Cf. Haggai 2:7

O King of nations, and their Desire;
the cornerstone, who makest both
one: Come and save mankind, whom
you formedst of clay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 22 Decembris

23 December

English use

Antiphon

O Virgo
virginum

Cf. Isaiah 7:4;
Matthew 1:21

O Virgin if virgins, how shall this be?
for neither before thee was any seen
like thee, nor shall there be after.
Daughters of Jerusalem, why marvel
ye at me? The thing which ye behold
is a divine mystery.

Roman use

Antiphon

O Emmanuel

Cf. Isaiah 8:8; 33:22

O Emmanuel, our King and Lawgiver,
the Desire of all nations and their
Salvation: Come and save us, O Lord
our God.

The monastic diurnal, or, Day hours of the Monastic breviary according to the holy rule of Saint Benedict (1932), Great Advent Antiphons: 23 December (on Canticle Magnificat)

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 23 Decembris

24 December

Antiphon

Hodie Christus

Anonymous

To-day the Christ is born; to-day hath a Saviour appeared; to-day on earth angels are singing, archangels rejoicing; to-day the righteous exult and say, "Glory to God in the highest, alleluia."

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), In Nativitate Domini: Ad II Vesperas (on Canticle Magnificat)

Part 2. English Rite II

16 December

English use

Roman use

Antiphon

O Sapientia

Cf. Ecclesiasticus
1:1,3,4

O Wisdom, you came forth from the mouth of the Most High, and reach from one end of the earth to the other, mightily and sweetly ordering all things: Come and teach us the way of prudence.

There is no Antiphon for this day in Roman use.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 17 Decembris

17 December

English use

Roman use

Antiphon

O Adonai

Cf. Exodus 3:2;
19:6; 14:21

O Adonai, and Leader of the house of Israel, you appeared in the bush to Moses in a flame of fire, and gave him the law on Sinai: Come and redeem us with an outstretched arm.

Antiphon

O Sapientia

Cf. Ecclesiasticus
1:1,3,4

O Wisdom, you came forth from the mouth of the Most High, and reach from one end of the earth to the other, mightily and sweetly ordering all things: Come and teach us the way of prudence.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 18 Decembris

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 17 Decembris

18 December

English use

Antiphon O Radix Jesse Cf. Isaiah 11:10

O Root of Jesse, you stand for an ensign of the people; before you monarchs shall shut their mouths, and nations shall bow in worship: Come and deliver us, do not delay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 19 Decembris

Roman use

Antiphon O Adonai Cf. Exodus 3:2;
19:6; 14:21

O Adonai, and Leader of the house of Israel, you appeared in the bush to Moses in a flame of fire, and gave him the law on Sinai: Come and redeem us with an outstretched arm.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 18 Decembris

19 December

English use

Antiphon O Clavis David Cf. Isaiah 22:22

O Key of David, and Scepter of the house of Israel, you open and no one can shut; you shut, and no one can open: Come and bring the captives out of the prison house, those who sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 20 Decembris

Roman use

Antiphon O Radix Jesse Cf. Isaiah 11:10

O Root of Jesse, you stand for an ensign of the people; before you monarchs shall shut their mouths, and nations shall bow in worship: Come and deliver us, do not delay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 19 Decembris

20 December

English use

Antiphon O Oriens Cf. Malachi 4:12

Roman use

Antiphon O Clavis David Cf. Isaiah 22:22

O Dayspring, Brightness of the Light eternal, and Sun of righteousness: Come and enlighten those who sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 21 Decembris

O Key of David, and Scepter of the house of Israel, you open and no one can shut; you shut, and no one can open: Come and bring the captives out of the prison house, those who sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 20 Decembris

21 December

English use

Antiphon

O Rex
gentium

Cf. Haggai 2:7

O King of nations, and their Desire, you are the cornerstone, who makes us both one: Come and save the creature whom you fashioned of clay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 22 Decembris

Roman use

Antiphon

O Oriens

Cf. Malachi 4:12

O Dayspring, Brightness of the Light eternal, and Sun of righteousness: Come and enlighten those who sit in darkness and the shadow of death.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 21 Decembris

22 December

English use

Antiphon

O Emmanuel

Cf. Isaiah 8:8; 33:22

O Emmanuel, our King and Lawgiver, the Desire of all nations and their Salvation: Come and save us, O Lord our God.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 23 Decembris

Roman use

Antiphon

O Rex
gentium

Cf. Haggai 2:7

O King of nations, and their Desire, you are the cornerstone, who makes us both one: Come and save the creature whom you fashioned of clay.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 22 Decembris

23 December

English use

Roman use

Antiphon**O Virgo
virginum**Cf. Isaiah 7:4;
Matthew 1:21

O Virgin if virgins, how shall this be?
Never before was there anyone like
you, nor shall there be hereafter.
Daughters of Jerusalem, why do you
marvel at me? What you are seeing is a
divine mystery.

The monastic diurnal, or, Day hours of the Monastic breviary
according to the holy rule of Saint Benedict (1932), Great Advent
Antiphons: 23 December (on Canticle Magnificat)

Antiphon**O Emmanuel**

Cf. Isaiah 8:8; 33:22

O Emmanuel, our King and Lawgiver,
the Desire of all nations and their
Salvation: Come and save us, O Lord
our God.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 23 Decembris

24 December**Antiphon****Hodie Christus**

Anonymous

Today the Christ is born; today the Savior has appeared; today on earth angels are
singing, archangels rejoicing; today the righteous exult and say, "Glory to God in the
highest, alleluia."

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a
Solesmensibus monachis restitutum (1934), In Nativitate Domini: Ad II Vesperas (on Canticle Magnificat)

Parte 3. Español**16 de diciembre****Uso inglés****Uso romano****Antífona****O Sapientia**Cf. Eclesiástico
1:1,3,4

Oh Sabiduría, que procediste de la
boca del Altísimo, y te extiendes desde
un costado de la tierra hasta el otro,
fuerte y dulcemente enderezando
todas las cosas: Ven y enséñanos el
camino de la prudencia.

Este día no tiene antífona en el uso romano.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD.
Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti
a Solesmensibus monachis restitutum (1934), Antiphonæ Majores,
ad Magnificat: Die 17 Decembris

17 de diciembre**Uso inglés****Uso romano**

Antífona**O Adonai**Cf. Éxodo 3:2; 19:6;
14:21

Oh Adonai, y jefe de la casa de Israel, que apareciste en la zarza a Moisés en una llama de incendio, y le diste la ley en Sinaí: Ven a redimirnos con un brazo extendido.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 18 Decembris

Antífona**O Sapientia**Cf. Eclesiástico
1:1,3,4

Oh Sabiduría, que procediste de la boca del Altísimo, y te extiendes desde un costado de la tierra hasta el otro, fuerte y dulcemente enderezando todas las cosas: Ven y enséñanos el camino de la prudencia.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 17 Decembris

18 de diciembre**Uso inglés****Antífona****O Radix Jesse**

Cf. Isaías 11:10

O Raíz de Isaí, que te pones por estandarte de los pueblos, a quien los reyes se callan la boca, a quien adora humillado el mundo entero: Ven a libertarnos; no tardes ya.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 19 Decembris

Uso romano**Antífona****O Adonai**Cf. Éxodos 3:2;
19:6; 14:21

Oh Adonai, y jefe de la casa de Israel, que apareciste en la zarza a Moisés en una llama de incendio, y le diste la ley en Sinaí: Ven a redimirnos con un brazo extendido.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 18 Decembris

19 de diciembre**Uso inglés****Antífona****O Clavis
David**

Cf. Isaías 22:22

O Llave de David y Cetro de la casa de Israel, abres, y nadie puede cerrar; cierras, y nadie puede abrir: Ven a libertar a los cautivos en la prisión, y a los que en tinieblas y sombras de muerte te esperan.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 20 Decembris

Uso romano**Antífona****O Radix Jesse**

Cf. Isaías 11:10

O Raíz de Isaí, que te pones por estandarte de los pueblos, a quien los reyes se callan la boca, a quien adora humillado el mundo entero: Ven a libertarnos; no tardes ya.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 19 Decembris

20 de diciembre

Uso inglés

Antífona

O Oriens

Cf. Malaquías 4:12

O Sol naciente, Esplendor de la Luz eterna y Sol de justicia: Ven a iluminar a los que yacen en tinieblas y sombras de muerte.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 21 Decembris

Uso romano

Antífona

O Clavis
David

Cf. Isaías 22:22

O Llave de David y Cetro de la casa de Israel, abres, y nadie puede cerrar; cierras, y nadie puede abrir: Ven a libertar a los cautivos en la prisión, y a los que en tinieblas y sombras de muerte te esperan.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 20 Decembris

21 de diciembre

Uso inglés

Antífona

O Rex
gentium

Cf. Ageo 2:7

Oh Rey de las naciones y su Deseo, Piedra angular que unes a los pueblos: Ven a libertar a los hombres que has creado del polvo.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 22 Decembris

Uso romano

Antífona

O Oriens

Cf. Malaquías 4:12

O Sol naciente, Esplendor de la Luz eterna y Sol de justicia: Ven a iluminar a los que yacen en tinieblas y sombras de muerte.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 21 Decembris

22 de diciembre

Uso inglés

Antífona

O Emmanuel

Cf. Isaías 8:8; 33:22

Oh Emanuel, nuestro Rey y Legislador, Salvador de las naciones, Esperanza de los pueblos: Ven a libertarnos, Señor, Dios nuestro.

Uso romano

Antífona

O Rex
gentium

Cf. Ageo 2:7

Oh Rey de las naciones y su Deseo, Piedra angular que unes a los pueblos: Ven a libertar a los hombres que has creado del polvo.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 23 Decembris

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 22 Decembris

23 de diciembre

Uso inglés

Antífona

O Virgo
virginum

Cf. Isaías 7:4; Mateo
1:21

Oh Virgen de las vírgenes, ¿cómo puede ser esto? porque no se vio ninguna como ti antes de ti, ni la habrá en el porvenir. Hijas de Jerusalén, ¿por qué se maravillan de mí? Lo que veis es divino misterio.

The monastic diurnal, or, Day hours of the Monastic breviary according to the holy rule of Saint Benedict (1932), Great Advent Antiphons: 23 December (on Canticle Magnificat)

Uso romano

Antífona

O Emmanuel

Cf. Isaías 8:8; 33:22

Oh Emanuel, nuestro Rey y Legislador, Salvador de las naciones, Esperanza de los pueblos: Ven a libertarnos, Señor, Dios nuestro.

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), Antiphonæ Majores, ad Magnificat: Die 23 Decembris

24 de diciembre

Antífona

Hodie Christus

Anónimo

Hoy nace el Cristo; hoy aparece el Salvador; hoy sobre la tierra cantan los ángeles, se regocijan los arcángeles; hoy los justos exultan y dicen, "Gloria a Dios en las alturas, aleluya."

Antiphonale monasticum pro diurnis horis juxta vota RR. DD. Abbatum Congregationum Confoederatum Ordinis Sancti Benedicti a Solesmensibus monachis restitutum (1934), In Nativitate Domini: Ad II Vesperas (on Canticle Magnificat)